

## Peer Support & Practice

'**Terrific**, I think we have understood  
and **supported** each other'  
*program participant*

## 8 leadership sessions

In person & on MS Teams.  
Sessions include: hidden  
**mindsets**, listening, **relatedness**,  
**communication**, and more.

## Innovative methodology

Experiential learning with  
**peer support** and  
**reflective practice**.

'this is what people really need  
most [...] as NHS staff'  
*program participant*

## Awareness of Self & Others

100% of participants  
improved or **significantly  
improved** this **key quality** for  
healthcare leads.

## Safe & Productive Space

Facilitators create a **supportive**  
space for '**reflections** around  
leadership' and to 'learn from  
others **experiences**'

## Expression of interest FORM

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n m a h p  
**l e a d s**

**A leadership,  
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Leads**

100%